



**Meetings are led by Marion Anderberg, Child & Youth Mental Health & Cheryl Dickenson, Early Connections program**

**MISSION STATEMENT**  
 "Interior Community Services enriches the lives of individuals and families by providing integrated family support, individual life skills development and safe nurturing home environments designed to assist people to live to their potential in the community"



**Facilitators are trained in the area of attachment coaching and have extensive experience working with children, youth and families.**

**Pathways to Competence for Young Children Parenting Program**

**Join A Parenting Group For Parents of Young Children**

**Interior Community Services**  
 765 Tranquille Road,  
 Kamloops, B.C.  
 V2B 3J3  
 Telephone: 250-554-3134  
 Fax: 250-554-1833

**For information, feedback or concerns, please contact:  
 Interior Community Services  
 250-554-3134 or email:  
 adm@interiorcommunityservices.bc.ca**

**Costs**

The program is free and materials will be provided.

**Enrollment**

Space is limited, so register early.

**Refreshments**

Please bring a bag lunch, also a light refreshment will be provided.

**Child Care**

Unfortunately, child care will not be provided.

**Sessions**

Each weekly session builds on the prior session. We would appreciate your commitment for the 10 week session should you choose to register.

**How to Register**

Please complete the registration form and submit to the Interior Community Services office at 396 Tranquille Road or email :Cheryl: cdickenson@interiorcommunityservices.bc.ca .

You will be contacted by the parenting group facilitators regarding availability before the first session.

# Description of Groups

The groups will follow the format of an established program, the Pathways to Competence for Young Children Parenting program. The program has been successful in improving child behavior.



**“A strong trusting relationship between you and your child builds life long emotional security, self esteem and success in learning.”**



## Some of the “Pathways to Competence for Young Children” Parenting Program Objectives

- Knowledge of early childhood development
- Self-reflectivity and empathy for their child
- Influence of their family of origin
- Positive attributions of their child and to reframe negative attributions
- Enhance parent-child interactions and encourage positive parenting strategies
- Develop secure attachments and to bond with their child
- Manage their child’s behavioral or emotional difficulties and reduce any symptoms
- Enhance parents’ sense of self-efficacy and their child’s self-esteem
- Sense of support
- Positive experiences within the group
- Increase parents’ sense of parenting competence

## Who Should Attend “Pathways to Competence for Young Children Parenting Program”

Parents of children ages 0—7 years ,who want to discover how to strengthen their relationships with their children and foster the healthy social-emotional development children need to manage life’s challenges.

### Group Meetings

**Date:** Tuesday, September 18, 2012—  
Tuesday, November 20th , 2012  
12-2pm at 765 Tranquille  
(10 weeks) no lunch provided

**Where:** 765 Tranquille Road

**Register:** Before August 27, 2010,  
Interior Community Services or  
email:

[cdickeson@interiorcommunityservices.bc.ca](mailto:cdickeson@interiorcommunityservices.bc.ca)

### For More Information Contact:

Cheryl: 250-554-3132 Loc. 320

Marian: 250-371-3648

