

# Children's Therapy & FAMILY RESOURCE CENTRE

## ***Individual Family Service Plan Information***

### **Kamloops Location**

**801 McGill Road, Kamloops, BC V2C 6R1  
TEL (250) 371-4100 - FAX (250) 371-4120**

### **Merritt Location**

**2187A Coutlee Avenue, Merritt, BC V1K 1A9  
TEL (250) 378-9676 - FAX (250) 378-4015**

**Toll Free: 1-855-370-4100**

**[www.kamloopschildrenstherapy.org](http://www.kamloopschildrenstherapy.org)**

**[info@kamloopschildrenstherapy.org](mailto:info@kamloopschildrenstherapy.org)**



# What is an Individual Family Service Plan?

**Individual:** a plan made especially for you child

**Family:** based on your family's priorities

**Service:** to help your child grow, develop and learn

**Plan:** with specific goals, time frames and key people indentified to help your child



## The IFSP Identifies:

- what skills your child has now
- what skills you would like your child to learn in the next three to six months and over your child's life
- who will help you to help your child learn the skills
- how you think your child is able to take part in activities at home, preschool/daycare and community activities (soccer, swimming, dance, etc.)

## What part do you play?

As the expert on your child, you are the most important member of the team. Following is a list of some things that you may want to consider before the meeting. It may be helpful to write down some notes in this booklet and bring them with you to the meeting.

**Strengths: What does my child do well?**

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**Concerns: How does my child need help?**

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To me, the most important thing for my child to learn in the next 3 to 6 months is:

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These are some areas my child and our family need support with:

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## How is the IFSP made?

The IFSP consists of a meeting where you, as the parent/legal guardian, meet with the people involved in supporting your child's development. You may choose to invite any or all of the following people:

Family and/or Friend

Family Support Consultant

Physiotherapist

Occupational Therapist

Speech/Language Pathologist

Supported Child Development Consultant

Behaviour Consultant

Behaviour Assistant

Preschool/Child Care Staff

School District Staff

Social Worker

Foster Parent

Public Health Nurse

Physician

Interpreter

Other



## **What areas of my child's development will be addressed in the IFSP?**

**An IFSP looks at your child as a member of your family and community. Plans may be developed to include the following areas of development:**

- **Motor Skills:**

**How does your child use his muscles? Can your child walk, run, climb stairs, hold a block or marker etc.?**

- **Language:**

**Can your child understand us? Can we understand your child?**

- **Self-Help:**

**How does your child manage dressing, eating, toileting and other daily tasks?**

- **Cognition:**

**Is your child able to plan, problem solve and pay attention?**

- **Socialization / Behaviour:**

**How does your child behave and get along with other people?**

What happens during and after the meeting?

Notes will be taken during the meeting, and a new Action Plan for your child will be written. The team will then work with you to help your child develop the skills outlined in the Action Plan. You will get a copy of the written plan.



In approximately 6 months the Action Plan will be reviewed. Please feel free to contact anyone on your team if you have concerns or feel the Action Plan should be changed before then.



This information was developed to help you, not overwhelm you. If you have any questions about the meeting or the process, please feel free to call your contact person for the Individual Family Service Plan at: (250) 371-4100.

Contact: \_\_\_\_\_

For referrals or inquires please contact:

**Children's Therapy and  
Family Resource Centre**

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Thompson Nicola Family Resource Society*

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