

# Children's Therapy and Family Resource Centre

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## Give it a Name

### Name Everything

- Watch to see what your child looks at and plays with.
- Then say ... the names of the things they see
  - ... the actions they do
  - ... what they are feeling
  - ... the people they see
- Keep it simple. Say only one or two words at a time.



### Repeat

- Children learn new words by hearing them over and over.
- The more you repeat a word throughout the day in many different activities, the easier it is for your child to learn the meaning of that word and learn to say it themselves.
  - Say the word while you play, read, dress, cook, go for a walk, etc.

### Ideas for Naming ...

- Things - sock, cup, bathtub, chair, shoe, car
- People - daddy, grandma, doctor, teacher, mom
- Animals - dog, cat, bird, cow, horse
- Toys - ball, teddy bear, train, bubbles, car
- Actions - reading, hiding, eating, singing, waving
- Feelings - sad, happy, mad, surprised, tired



**Remember to have fun while you play and learn together!**